

Writing Into Freedom free audios...

Animals (sample poems)

Two poems gained using the *Animals* exercise
[using ideas of 'hurt polar bear telling' & 'sorry fly kissing'...]

STRUGGLE

My struggle is hurt. Hurt
by the world.
It slips on a shrinking plate of ice.
My struggle needs its long winters.
My struggle cannot speak.
It is huge and white and lumbering.

My struggle withstands the cold
but will die in the heat.
My struggle blinks slowly in the sunlight.
It is looking up – cranes
its long muscular neck
at aeroplanes.
It opens its jaws to a silent gape.
Tries to tell me something.

LOVE POEM

My love for you is caught on window-glass.
It makes soft thuds of frustration.

This love is sorry for you – is bumping at light
but can't get through. It buzzes all morning.

Sometimes it stops – becomes so still you think
it's dead. Its small dark body set against the pane

is a kind of kiss. Then it starts again. It was
always there – in the silence, its tiny engine filling

filling the room.
